DEBTORS ANONYMOUS PRAYERS

SERENITY PRAYER

God, grant me the serenity to accept the things I cannot change,
the courage, to change the things I can,
and the wisdom to know the difference.

THIRD STEP PRAYER *(from AA Big Book, page 63)*

God, I offer myself to Thee,
to build with me and do with me as Thou wilt.
Relieve me of the bondage of self, that I may better do Thy will.
Take away my difficulties, that victory over them may bear witness
to those I would help of Thy Power, Thy Love, and Thy Way of Life.
May I do Thy will always!

DA THIRD STEP PRAYER

Higher Power, I stand before you ready to be transformed.
I place myself in your hands.
Guide me on my recovery path.
Remove my compulsive debting,
my self-centered fear, and my own self will.
May I shine to others as a beacon of your power.
May I choose to remain on your path always.

SEVENTH STEP PRAYER *(from AA Big Book, pg 59)*

My Creator, I am now willing that you should have all of me, good and bad.
I pray that you now remove from me every single defect of character
which stands in the way of my usefulness to you and my fellows.
Grant me strength, as I go from here, to do your bidding, Amen.

DA SEVENTH STEP PRAYER

Higher Power, I stand ready to carry your message to others.
Remove from me the shortcomings and fears holding me back.
Help me be who you would have me be.
May I choose to remain on your path always.

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ELEVENTH STEP PRAYER *(from book: AA Twelve Steps and Twelve Traditions)*

Lord, make me a channel of Thy peace,
that where there is hatred, I may bring love,
that where there is wrong, I may bring the spirit of forgiveness,
that where there is error, I may bring truth,
that where there is doubt, I may bring faith,
that where there is despair, I may bring hope,
that where there are shadows, I may bring light,
that where there is sadness, I may bring joy.
Lord, grant that I may seek rather to comfort, than to be comforted,
to understand, than to be understood,
to love, than to be loved.
For it is by self-forgetting that one finds.
It is by forgiving that one is forgiven.
It is by dying that one awakens to eternal life.
Amen.

A Prayer *(by Allegra H., from her article "Help and Inspiration in BDA", Ways & Means, 1st Quarter 2021*

God make me an instrument of your Peace.
Where there is vagueness
may I find clarity.
Where there is low self-esteem
may I find that I am enough and can live within my means.
Where there is hiding and denial
may I joyfully live in reality.
Where there is fear and isolation
may I find fellowship and faith.
Where there is self-pity
may I be embodied with perpetual acceptance, gratitude, generosity, and cease to compare myself with others.

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